Introduction: Hi, This is John Assaraf, and congratulations on taking the right steps to achieving the success you truly want, desire, and deserve. I personally believe that each one of us including you has the God given right and ability to create a masterpiece in each area of your life.

Science shows us now that our outer world of results is just a mirror reflection of our internal self-image, beliefs, and habits. Therefore, changing from the inside out is the way to reaching your next level of success. The latest brain research has made it abundantly clear. Our brains are conditioned by genetics and personal experiences that begin at birth. Science has also discovered which brainwaves create peak performance mental states for thinking, learning, studying, and virtually every other mental task including releasing beliefs that may be holding you back from reaching your true potential right now.

In addition, this research has also shown that certain brainwave frequencies, words, images, and language patterns will help you set aside your internal shield and allow you to absorb the right beliefs, ideas, and habits that you want and need to transport you from the results you’re achieving right now to the results you truly want. And I know you are capable of having and achieving right now.

What's amazing and as close to a miracle as I know is that the simple innercise you are about to do has had a profound impact on thousands of people around the world, with many reporting significant and sometimes immediate changes and positive results in their lives. I know for a fact that the program you now have to use is the best of its kind anywhere in the world. I pride myself on doing the research, applying what I learn in my own life and business, and then and only then sharing the best of what works with my friends, just like you, all over the world.

Your brain is forming a million new connections every second of your life. It is a mind-blowing statistic and one that highlights the amazing flexibility and sheer genius that lies within you right now. I believe that you are now embarking on the most fun, exciting, and rewarding personal growth program that you have ever participated in.

Trust the process, the science, and the intelligence within you that guided you to me and this program. Mastering the game of money and wealth will allow you to take advantage of the latest brain research to reprogram your brain for higher and more potent levels of thoughts, feelings, and actions required to help you achieve all of the financial goals that you have set for your life right now.

Each level in this program will build on the previous one with deeper and deeper and stronger and stronger positive neural connections made each time you listen to this program. Please remember, it is the repetition and daily schedule that I'm asking you to follow that will help you release your old un-supporting beliefs, habits, and actions and replace them with new positive, healthier, and life altering ideas, beliefs, and behaviors.

Again, repetition is a crucial part of achieving the results you truly want and desire. So set aside time daily to retrain your most amazing brain.
About Levels 1-3 The Foundation

This level establishes the foundation for the entire program. It introduces you to The Universal Quantum Laboratory as well as to your new Beliefs and Habits Generator. This introductory level is imperative for the next few levels as it contains special knowledge and suggestions that your brain will require during each of the next levels.

It helps acquaint you with the Alpha brain wave range. The three tracks are designed to train your brain to enter the Alpha State easily from the usual waking Beta State. Within each track and each level, the main technologies we use provide the Innercises to increase your brain-plasticity to move between brainwave frequencies. Levels 1 and 2 gently guide you from the Beta Range to various degrees of the Alpha Range of brainwave patterns. The third Level guides you to the deeper levels of the Alpha Range; and introduces you to the Theta Range.

Focus:

This first level of Brainwave Training focuses on providing the following results: train the ability to easily enter a Balanced Alpha State while beginning training towards acquiring the ability to enter the Theta State; increase Brain Balance; reduce stress; suppress stress hormone release; increase personal threshold to stress; and reprogram self-image with positive programming, suggestions and affirmation and therapeutic metaphors.

Benefits:

There are many benefits associated with Alpha Brainwaves. They provide a link between the conscious mind and the subconscious mind, where there is increased access to unconscious resources while maintaining consciousness—which allows you to perform in peak performance and zone states. Alpha waves are ideal for reprogramming suppression of negative self talk—particularly when one's negative habits, self-image, and self-defeating thoughts are combined with affirmations, suggestions, therapeutic metaphors, and/or hypnosis/visualization.

Alpha brainwaves are associated with the benefits of meditation and a profound relaxation of mind and body. They encourage production of positive brain chemicals, which provides many benefits, including: increases levels of serotonin; balances emotional states; encourages increased healing by reducing stress; increases problem-solving (by reducing excess Beta waves); encourages positive thinking; increases creativity; and improves visualization.

Level 1 Transcripts - The Beliefs & Habits Generator

The affirmations, stories, and meditations you are about to listen to have all been created using the most advanced positive psychology, brain research, and cutting edge technology that will allow you to easily and comfortably make all the necessary changes required to achieve your goals and ultimate lifestyle.

Remember, continuous repetition while allowing your feelings to fully associate with each affirmation, story, or meditation in this audio is the secret to deeply absorbing the new beliefs, habits, and mental programs that will transform your life right now.

Welcome to the universal quantum laboratory and the beliefs and habits generator. This is John Assaraf, and what I would like you to do for yourself right now is to get into a quiet, relaxed state of mind, and just release all tension, any worries, any doubts, or concerns that you may have. And take this time just for you.
This is your time, so take it. Enjoy it, and relax into it right now. We will begin with a few deep breaths as you count backwards with me from three to one. Ready? Take a deep breath in. Three. And release it at your own slow pace. Take another deep breath in. Two. And release slowly as you feel more and more relaxed, and more and more peaceful. And finally, inhale deeply. One. And release gently and slowly right now. Remember, you can do this anytime throughout the day to get centered, relaxed, and focused.

As you continue to win the game of money and wealth, I’m going to invite you to come with me to the universal quantum laboratory where we will build all of the mental upgrades required for you to take your financial success to the next level right now. What is the universal quantum laboratory? The universal quantum laboratory is a place where you can with your mind go anytime you like to access all the knowledge, intelligence, and blue prints for your financial success. In this quantum laboratory, you can also build mental upgrades for your brain. Once they are built to your specifications, you can effortlessly install the upgrades so that you can enjoy more happiness, financial success, and peace of mind in everything that you desire and do.

All that is required for you to build these upgrades is that you intently focus on what you want them to do for you. As you begin to provide these details inside and outside of the laboratory, the universal quantum laboratory will begin assembling your mental upgrade until it meets your precise specifications and needs. Once these mental upgrades are done, you can install them or uninstall them just as easily as installing or uninstalling any software program for your computer.

In this audio and in the audios that follow, you will step into the universal quantum laboratory to build new upgrades for your brain that will help you in very specific ways. It is important to remember that the universal quantum laboratory will only let you build upgrades for your brain that help and support your financial success. This is your personal laboratory, and it will only build upgrades that benefit you and the people around you.

Imagine stepping into this quantum laboratory now. It’s easy to do. All you have to do is close your eyes, take a deep breath, and ask that you be taken there right now. This laboratory may seem familiar to you because this is not the first time you have been here. You have been here usually in your dreams or as a result of experiencing a profound and peaceful state of relaxation.

Notice now how you automatically feel more relaxed and more comfortable when you are in the universal quantum laboratory. That’s right. Notice the feelings of peace and relaxation in every part of your body and being now that you are in the laboratory. Start first by imagining that you have the ability to create a beliefs and habits generator in your quantum laboratory. This beliefs and habits generator allows only you to enhance, add, or delete any mental program that you currently have.

Use your imagination right now to visualize this beliefs and habits generator. This new generator now gives you the ability to insert or delete any mental program that you choose once it is in place. Imagine that taking any belief or habit program in and out of this generator is as easy as taking a file in or out of a filing cabinet. Imagine creating your new beliefs and habits generator in the color and shape of your choice. As you begin to see it on the screen of your mind, or as you feel the essence of it within your brain, notice how it contains every belief and habit you have ever had right within it.

This new belief and habit generator belongs to you and only you. By installing this belief and habit generator, you have now gained the ability to delete and add specific mental programs and ideas that you choose that will serve your financial success. Focus now on how easy it is to pull out or insert any belief or habit you want right now. It’s as easy as opening and closing a drawer and pulling out or inserting a new folder with more accurate, power information in it.
Imagine and ask yourself this question. How will my ability to upgrade my beliefs and habits enhance the game of money and wealth? Once you have the answer, imagine your beliefs and habits generator again. Once you have the image on the screen of your mind, shrink it down and I want you to install it anywhere you’d like in your brain. Anywhere at all is just perfect. All that is required now for a safe, quick, and easy installation is that you say these words. Install beliefs and habits generator now.

Now that your beliefs and habits generator is installed and working perfectly, it’s time to test it. Imagine a belief you now have that might have caused you to limit your success in the past. Imagine how you can now take that belief and simply remove it right now. In its place install a new empowering belief.

The intelligence that gives you life knows exactly what you need and want. Trust it right now. All you have to do is think and say install new powerful belief right now. It’s really just that easy.

Feel the confidence and certainty that comes with the control and power you now have within you to upgrade any belief or habit you choose. Notice how this has you feeling smarter, more centered, and happier right now. If you ever choose to remove this generator, all you have to do is say uninstall beliefs and habits generator, and it happens safely and instantly. Remember, you are always in control.

Each time that you return to your laboratory, you can upgrade any of the beliefs or habits that you choose. Notice how it makes you feel so much better and more confident to be in control of your beliefs, habits, and financial success right now. The next time you listen to this audio or any of the other audios in this series you will have new information that will allow you to make your beliefs and habits generator even stronger and more powerful.

As you begin to relax deeply, you can choose to listen to my voice or you can let your mind wander. It really is not important because everything you are hearing is not meant for your conscious mind to understand. My voice, the words you hear, and the sounds behind my voice are all for your subconscious mind to learn and grow effortlessly as you continue to relax deeply in total comfort now.

Each and every day, you are going to find that you are getting clearer and clearer about the financial wealth that you are achieving for yourself, and this is so because achieving wealth, arriving at your destination happens quickly and easily when you know where you are going. You are going to find that day by day you begin to formulate your own unique blue print, your own unique map for living and acquiring all of the money and wealth you choose.

Your goals for achieving new wealth grow are becoming stronger and more compelling with each and every day. And your dedication and resolve to make that a reality is going to grow stronger and stronger each and every day. You find it easier and easier each and every day to focus your attention on your financial goals, and to work towards their fulfillment.

Deeper and deeper, deeper and even deeper now. You are feeling deeply and deeply relaxed. You are feeling comfortable and secure. Comfortable and relaxed. You are breathing comfortably and deeply, feeling completely relaxed, comfortable and secure. You can continue to listen to my voice, or you can simply drift down deeper and deeper into a state of blissful peace. You find it so easy to relax as you hear my voice and unconsciously you follow my suggestions because as you hear each and every word that I say, it does not mean you have to pay attention. Echoing deep, deeper still in your subconscious.
The suggestions that I make grow stronger and stronger in your mind because they are here to assist you in achieving all the wealth and financial prosperity you desire. My suggestions grow stronger and strong, more and more powerful with each and every passing day. Deeper and deeper, deeper and deeper.

You are feeling deeply, deeply relaxed. You are feeling comfortable and secure. Comfortable and relaxed. You are breathing comfortably and deeply feeling completely relaxed, comfortable and secure. As you become more and more certain of the wealth that you are going to experience, powerful impulses will move you toward a fuller and more complete commitment to making your financial goals a reality.

You will find that throughout the day, your thoughts will often turn to your financial goals. As you imagine how good you feel as you enjoy your wealth as it is attracted to you, and as it grows day by day. Where obstacles or fear would've once stopped you or slowed you down, you will now find that you have more confidence and more certainty to break through each and every one of your fears and each and every one of the obstacles that come in your way.

This will happen easily and more gently each and every day. Your confidence and your certainty to grow and acquire the wealth that you desire becomes easier and easier each and every day. You are going to find more and more with each and every day that your emotions in dealing with any barriers or obstacles become more and more positive each and every day.

You find it easier and easier to concentrate on what is important for you to earn and acquire the financial wealth that you desire. You find it ever increasingly easier to let go of anything that may have held you up in the past allowing you to move away from anything that wasn't serving your financial goals, allowing you to move forward with confidence and certainty to amassing new levels of wealth.

Deeper and deeper, deeper and deeper. You are feeling deeply, deeply relaxed. You are feeling so comfortable and secure. Comfortable and relaxed. You are now breathing comfortably and deeply, feeling completely relaxed, completely comfortable and secure that you are learning something new even as you drift off or lose track of my voice, your subconscious now hears each and every word that I say echoing deep, deep in your mind. Each and every day the suggestions that I make grow stronger and stronger in your mind.

My suggestions grow stronger and stronger, more and more powerful with each and every passing day. And this gives you joy. Deeper and deeper, deeper and deeper. You are feeling deeply, deeply relaxed. You are feeling comfortable and secure. Comfortable and relaxed. You are now breathing comfortably and deeply, feeling completely relaxed, comfortable, and secure with your new abilities to earn and attract as much financial wealth as you choose.

Each and every day, you're going to become aware of being more and more committed to achieving new and satisfying levels of wealth in your life. You are going to find more so with every day that if you were to become temporarily distracted from your financial goals, you are now able to get back on track smoothly and efficiently. Even if a diversion may seem appealing, you are going to find that you develop a stronger and stronger internal voice. An internal voice that will gently guide you back to your own goals.

You are now going to find it's easier and easier to let go of any diversions or activities that you know and realize are unproductive. You will always be able to quickly and accurately determine when an activity is going to be financially productive, or when it's going to be unproductive. Whenever these situations arise, you will now find that you can easily redouble your efforts for productive activities, and very easily pull back from your involvement from any un-productive activities.
As your strength and resolve to meet your goals increases, day by day you are going to become very aware of opportunities that you have never noticed before. You are going to find more and more strongly with each and every day, that things just seem to fall in place for you as more opportunities to meet your goals open up for you. Now, allow yourself to fill with joy, peace, and confidence because you take great pleasure in watching your wealth and abundance grow with each and every day that passes.

Now, continue to enjoy the next moments wondering where your new opportunity will come from next. Feel the confidence and certainty that comes with knowing that you are now on your way to financial abundance and freedom.

**Precision Affirmations**

- I have all the power within me to earn as much money as I choose.
- I am consistently in the right vibration to earn money.
- Money flows to me from known and unknown sources.
- Money is easy to earn and attract.
- I now have all the intelligence I need to make my fortune.
- Earning money comes easily to me. I deserve all the money I want.
- I consistently use money wisely. I now have absolute certainty in my ability to generate the income I choose.
- Once I choose my financial goals, I achieve them.
- Money is everywhere, and I find it with ease.
- I now release any negative thoughts, feelings, or associations with money.
- I now give myself permission to earn as much money as I choose.
- I now live, feel, and expect an abundance of money.
- It is easy for me to earn lots of money.
- It feels so good earning the amount of money I choose.
- I now have all the confidence and certainty I need to earn as much money as I want.
- I now have a millionaire mindset.
- I am so grateful for who I am becoming so I can earn whatever amount of money I choose.
- I now release any negative experiences that I’ve had in the past with money.
- Making lots of money is so much fun.
- I love the choices that making lots of money gives me.
- With more money, I can help more people and do more good in the world.
- The more I give, the more I earn. My personality easily attracts money from many positive sources.
- I consistently take advantage of the right opportunities to earn lots of money.
- I now release any emotions and negative people that may have hindered me from earning all the money I can in the past.
- I think, feel, and act rich because I am.
Level 2 Transcripts - Finding Financial Opportunity

The affirmations, stories, and meditations you are about to listen to have all been created using the most advanced positive psychology, brain research, and cutting edge technology that will allow you to easily and comfortably make all the necessary changes required to achieve your goals and ultimate lifestyle. Remember, continuous repetition while allowing your feelings to fully associate with each affirmation, story, or meditation in this audio is the secret to deeply absorbing the new beliefs, habits, and mental programs that will transform your life right now.

This is John Assaraf, and what I would like you to do for yourself right now is to get into a quiet relaxed state of mind and just release all tension, any worries, any doubts, or concerns that you may have. And take this time just for you. This is your time, so take it. Enjoy it, and relax into it right now. We will begin with a few deep breaths as you count backwards with me from three to one. Ready? Take a deep breath in. Three. And release it at your own slow pace. Take another deep breath in. Two. And release slowly as you feel more and more relaxed, and more and more peaceful. And finally, inhale deeply. One. And release gently and slowly right now. Remember, you can do this anytime throughout the day to get centered, relaxed, and focused.

Finding opportunity is always about where you look, where you are willing to look, and feeling confident that there are always opportunities no matter how bad things seem to be. Take a few minutes with me now and imagine yourself in a dry desert. Imagine you are there now, tired and thirsty with no water in sight and no sign of civilization anywhere. As you wonder when the next village will appear, you begin to think about heading back to the little town you just came from because you're not sure you could make it to where you're going across the hot desert sand. Everyone has been in this situation at least once in their life, of feeling uncertain and maybe even wanting to turn back. As you know, there are plenty of opportunities even in the most unlikely of situations. All you have to do is believe, trust the universe, and move forward.

As you continue to walk under the hot sun, you look up to the sky and suddenly you trip over a small cactus. As you fall on to the burning hot sand, you cut your hand on a cactus, and in a flash you realize that you just stumbled across a potential source of water. You remember that plants in deserts do really well at collecting water, so you slice it open and find enough water to quench your thirst. As your thirst is quenched, you smile in a way that you haven't smiled in a long, long time. That's right.

Smile because you now have a level of confidence and certainty in your ability to find opportunities in ways that you never dreamed possible before this moment.

You now take a moment and wonder how many of these cacti did I pass before I accidentally tripped on this one. As you turn your head to trace back your steps with your eyes, you see two cacti that you did not see before as you were walking by them. And as you turn your head to face forward, you see many more large cacti in the distance.

You start to laugh because you realize that this walk through the desert did not have to be that tough at all. As a matter of fact, it could've been a much easier journey for you had you just been aware and looked for all the opportunities that were everywhere around you. As you reflect on this fact that opportunities are everywhere, you now begin to apply the law of abundance in every area of your life.

You now feel overjoyed and grateful that you now know one of the true and real secrets to wealth. Opportunities to achieve your financial goals are always near. All you have to do is open your inner eye to see them, and they will be all around you.

As you begin to relax deeply, you can choose to listen to my voice, or you can let your mind wander. It really is not important because everything you are hearing is not meant for your conscious mind to understand. My voice, the
words you hear, and the sounds behind my voice, are all for your subconscious mind to learn and grow effortlessly as you continue to relax deeply in total comfort now.

As you continue to be more focused on achieving financial wealth, you will notice more and more that many more financial opportunities are becoming available to you. You are now going to find that a strong inner voice guides you with your decision making process. You will effortlessly and unemotionally examine each opportunity. Assess both its strength and weaknesses arriving at a decision as to whether or not to pursue each and every opportunity. Great wealth and great lives are made on making great decisions.

Deeper and deeper, deeper and deeper. You're feeling deeply, deeply relaxed. You're feeling comfortable and secure, comfortable and relaxed. You're breathing comfortably and deeply, feeling completely relaxed, completely comfortable and secure. As you hear each and every word that I say, there is no need to pay attention because your subconscious now is accepting these powerful suggestions for achieving all the financial wealth that you desire. As you relax even deeper still, allow your subconscious mind to absorb everything I say.

I would like you to remember to be pleasantly surprised as you notice all the new opportunities arriving at your door. Remember to be grateful each and every time you are presented with a new opportunity. Remember to notice how your decision making process is improving every day. Day by day. And remember to thank yourself for taking this time to improve your life.

Each and every day the suggestions that I make grow stronger and stronger in your mind. My suggestions grow stronger and stronger, more and more powerful with each and every passing day. Deeper and deeper, deeper and deeper. You are now feeling deeply, deeply relaxed. You are feeling comfortable and secure, comfortable and relaxed. You are breathing comfortably and deeply, feeling completely relaxed, comfortable and peaceful, right now.

Anytime that you decide to take advantage of a new opportunity, you are going to find that you are filled with energy and excitement about that activity. You are going to find more and more each and every day that you can apply yourself without reservation to the focus of that activity. You now have the ability to get focused and stay focused on all of your financial goals and dreams. Being focused comes naturally to you, and staying laser focused is one of the highest attributes that you have available to you right now.

You are going to find more and more with each and every passing day that you find other people to help you succeed in achieving your financial and wealth goals. Deeper and deeper, deeper and deeper. You are feeling deeply, deeply relaxed. You are feeling comfortable and at peace, comfortable and relaxed. You are breathing comfortably and deeply. Feeling completely relaxed, comfortable and at peace.

As your subconscious learns new things, you find it so easy to absorb and integrate the words I speak. You find it easy to follow my suggestions. Your subconscious hears each and every word that I say, even though you may be drifting off. Drifting deeper down into complete relaxation. Each and every day, the suggestions that I make grow stronger and stronger in your mind. My suggestions grow stronger and stronger, more and more powerful with each and every passing day.

Deeper and deeper, deeper and deeper. You are feeling deeply, deeply relaxed. You're feeling comfortable and at peace. Comfortable and relaxed. You are breathing comfortably and deeply, feeling completely relaxed, comfortable and secure. You are going to find more and more that people contribute to your financial success in many different ways. Just imagine having others available to you to help you achieve your financial success. Imagine all the confidence and certainty you now have and feel, knowing that you are receiving all the help that you want and need.
Sometimes others open doors for you to contribute to your financial plans. Sometimes they're just pointing you in the right direction where new opportunities exist. You will now find it easier and easier, day by day to accept the fact that other people want to help you succeed in your financial goals. Whenever an opportunity presents itself to you, you are going to find that you easily invest more time and energy in cultivating these opportunities.

People will now respond well to you when you approach them for help. As you invest in yourself, you will find that you feel more and more comfortable with having others contribute to your financial success and wealth building efforts. You now radiate positive wealth building skills that attract everything you need to achieve all of your financial goals.

Imagine what it will be like when everyone you come into contact with suddenly begins to light up with positivity. Imagine your infectious, positive attitude spreading to everyone including the people that will assist you in achieving all the wealth that you desire right now. Each and every day you will find it easier and easier to approach people that you do not know. When people respond well to your efforts, you will now enjoy a very pleasant feeling of joy and satisfaction. At the same time, on those occasions when people do not respond positively to your attempts, you will find that it is easier and easier to dismiss their negativity or non responsiveness since it really doesn't have anything to do with you. Today just may not be a good day for them. And you may contact them again sometime in the future, or not at all.

Deeper and deeper, deeper and deeper. You are feeling deeply, deeply relaxed. You're feeling comfortable and secure, comfortable and relaxed. You are breathing comfortably and deeply, feeling completely relaxed, comfortable and at peace. You now find it so easy to accept and follow my suggestions, your subconscious is now learning how to use this new knowledge and programming to increase your financial wealth. Each and every day the suggestions that I make grow stronger and stronger in your mind. Increasing your ability to achieve the wealth you desire. My suggestions grow stronger and stronger more and more powerful with each and every passing day.

Deeper and deeper, deeper and deeper. You are feeling deeply, deeply relaxed. You're feeling comfortable and secure, comfortable and relaxed. You are breathing comfortably and deeply, feeling completely relaxed, comfortable, confident and certain. As you now become more and more involved and more and more focused on your own financial plans and your own financial goals, you will now find that you are also able to contribute more and more to other people achieving their financial goals as well. You now find it easier to be supportive of other people's needs and interests without sacrificing any of the energy and dedication you have for meeting your own financial goals and needs.

The support you give others will provide payoffs many times over for you. When people realize that you want them to meet their financial goals, they become more and more supportive of you, in your efforts, to help you realize your financial goals. Now enjoy this day and every day knowing with confidence and certainty that you are increasing your financial wealth.

Continue now to enjoy the next few moments as you become more and more available and more and more aware of all of the financial opportunities around you.
Precision Affirmations

- You have all the power within you to earn as much income as you choose.
- You are consistently in the right vibration to earn money.
- Money flows to you from known and unknown sources.
- Money is easy for you to earn and attract.
- You have all the intelligence you need to make your fortune.
- Earning money comes easily to you.
- You deserve all the money you want.
- You consistently use your money wisely.
- You now have absolute certainty in your ability to generate the income you choose.
- Once you choose your financial goals you achieve them.
- Money is everywhere and you find it with ease.
- You now release any negative thoughts, feelings, or associations with money.
- You now give yourself permission to earn as much money as you choose.
- You now live, feel and expect an abundance of money.
- It is easy for you to learn how to earn lots of money.
- You feel so good earning lots of money you know have the confidence you need to make as much money as you choose.
- You now have a millionaire mindset.
- You are so grateful for who you are becoming, so you can earn whatever amount of money you choose.
- You now release any negative experiences that you have had in the past with money.
- Making lots of money is so much fun for you.
- You love the choices making lots of money gives you.
- With more money, you can help more people and do more good in the world.
- The more you give the more you earn.
- Your personality easily attracts money from many positive sources.
- You consistently take advantage of the right opportunities to earn lots of money.
- You now release any emotions and negative people that may have hindered you from earning all the money you could in the past.
- You think, feel, and act rich, because you are.
- You deserve to earn all the income you choose and are capable of earning.
- You are so happy and grateful that all these beliefs about money are true for you right now. And they are. You are now fulfilling your financial destiny to be rich.
The affirmations, stories, and meditations you are about to listen to have all been created using the most advanced positive psychology, brain research, and cutting edge technology that will allow you to easily and comfortably make all the necessary changes required to achieve your goals and ultimate lifestyle. Remember, continuous repetition while allowing your feelings to fully associate with each affirmation, story, or meditation in this audio is the secret to deeply absorbing the new beliefs, habits, and mental programs that will transform your life right now.

This is John Assaraf, and what I would like you to do for yourself right now is to get into a quiet relaxed state of mind and just release all tension, any worries, any doubts, or concerns that you may have. And take this time just for you.

This is your time, so take it. Enjoy it, and relax into it right now. We will begin with a few deep breaths as you count backwards with me from three to one. Ready? Take a deep breath in. Three. And release it at your own slow pace. Take another deep breath in. Two. And release slowly as you feel more and more relaxed, and more and more peaceful. And finally, inhale deeply. One. And release gently and slowly right now. Remember, you can do this anytime throughout the day to get centered, relaxed, and focused.

Building positive feelings towards wealth is a very powerful way to attract money and wealth into your life. The stronger these emotions, the easier you will find to achieve wealth. So during the course of the next few minutes I'm going to help you build a series of positive emotions that will naturally propel you to increase money and wealth now.

Imagine yourself 10 or 20 years into the future, and you are now wealthy. You are wealthy beyond your wildest dreams. You have become a pillar of strength and hope, and possibility for the people around you, and a role model for younger people around the world. Imagine what this feels like. Breathe deeply and comfortably, and bring all of those feelings inside you now, knowing that you've become an important part of society known for your philanthropy, generosity, fairness, and integrity.

That's right. It feels so good to know that you have helped so many people with your wealth now. Imagine yourself as this wealthy person talking in a room with many other wealthy individuals. You and the others are talking about a variety of interesting subjects when you notice out of the corner of your eye an old friend that you've not seen since your days at school. You remember that you were very fond of this person back in school. Your old friend is talking to an acquaintance of yours, and you feel a great sense of joy, and you immediately excuse yourself from the conversation you're having, and you make your way over to say hi to your old friend.

As you approach, your friend recognizes you and greets you with surprise, and a firm handshake quickly becomes a heartfelt hug. The next hour feels like time is standing still as you reminisce about old times, and talk about how you both became wealthy. You both share a sense of joy about how both of you are now living your life's dreams.

As you continue talking, you share stories about the important people in your life, the people you've helped along the way, and your amazing plans for the future. You are pleasantly surprised that you share many of the same goals, and you are now feeling full of happiness, joy, and excitement. Now as you listen to the rest of this audio, imagine all the things you are talking about with your friend. Imagine all of the financial success stories and new goals that you and your friend are talking about, and remember feel your feelings as intently as you can as you think about the wealth you have already built and are now continuing to build in your life.

As you begin to relax deeply, you can choose to listen to my voice or you can let your mind wander. It really is not important because everything you are hearing is not meant for your conscious mind to understand. My voice, the
words you hear, and the sounds behind my voice are all for your subconscious mind to learn and grow effortlessly as you continue to relax deeply in total comfort now.

Take a few moments now and consider the difference between financially successful people and people that struggle day in and day out and never achieve their financial goals. The difference between people who are able to create financial wealth and non-achievers begins with the way those people think about themselves and their abilities.

Take for example two women who live in the same city. One will fail, and one will succeed massively. Each one on their own comes up with the same innovative and amazing idea that could make them a fortune. The first woman thinks to herself this will never work. It's just too hard, and it's just too complicated. However, she's willing to give it a chance and half-heartedly sets out to sell her ideas to others. When she fails, it's her half-hearted approach and lack of confidence and certainty that has created her demise. In essence, her results are just reaffirming what she knew would happen all along.

The second woman is excited and enthusiastic about her new idea and infects everyone around her with her optimism and positive energy. Her passionate belief that this idea is the best thing to come along in years gives her idea life and momentum. She is filled with excitement and anticipation. Now before we continue, take a few moments to relax deeper still in total comfort because you are about to learn, really learn, something new.

And this learning is not something you have to understand with your conscious mind, but rather it is learning that builds new neural pathways, new understandings in your subconscious mind. Deeper and deeper, feeling deeply and more deeply relaxed and at peace. Take a deep breath and know that you are now easily overcoming years of criticism, put downs, negativity from others or even yourself. You are now leaving behind any self-doubt that may have stopped you in the past.

There's an old and popular saying. If you always do what you've always done, you'll always get what you've always gotten. Which is why if you want to achieve something different you must look to the future instead of focusing on the past. Because your future has not yet happened, you can play with it and design it any way you like, building the beliefs that through imagination will move you to achieve your financial goals. That's what creating wealth with your mind is all about.

So let's begin designing your financial future right now, allowing you to obtain all the beliefs that will support you with the creation of new wealth and prosperity. Imagine with the eyes of your mind where would you like to see your financial net worth in five, ten, or twenty years? Set yourself a date by which you would like to have doubled or tripled your wealth. Be realistic and optimistic. You don't have to wait ten years, and at the same time next week may be a bit too soon, or maybe not. You know where you are right now and what is the appropriate time frame that is best for you.

Now, see inside your mind everything you would like to be doing with your new wealth. If your goal is to own your own business or grow your business, a real estate empire, or even an impressive stock portfolio, a house by the sea, and maybe one in the country. See it all right now with the eyes of your mind thereby designing your future right now. However you would like to increase your wealth, I want you to see yourself enjoying it, feeling it, and having all of the emotions of actually experiencing it and being there right now.

Now, it's time to relax even deeper still, taking a soft and complete breath. Soften the rest of your body more and more with each breath, deeper still, and even deeper right now. Relax in total comfort as you continue to imagine your financial success and wealth. Who would you like to be there with you? What would you be wearing? Use your imagination to be as specific as you can about the future and what you are doing with your new wealth.
Think about how much you are giving to charities and to the causes that make your life filled with passion and purpose. What kind of car are you driving? What kind of home do you live in? What kind of vacations are you taking? What kind of clothes are you wearing? I want you to get into the feeling, the emotion. Just like a Hollywood actor or actress would feel and own the part. It is now your turn to own the part of being financially free and wealthy.

Remember to see your financial future in living color. Notice all the details and take joy in experiencing all the details. That's right. You can smile and relax even deeper and deeper still. Designing your future and how you will be enjoying your newfound wealth, right now. When you've designed your financial future and experienced the many details in your mind, go over it a couple of times and ask yourself is there anything more that I can add to the way that I will enjoy my new wealth? Take the next thirty seconds to review your future designs, and my voice will return in thirty seconds.

Okay that's good. Now that your designs are complete, you know the wealth you will be achieving, and you know how you will be enjoying it. I want you to relax deeper and even deeper still because in the moments to come, I'm going to setup what is called an anchor. An anchor is a trigger. It's a word or a movement or a picture you make in your mind or all three that cause you to instantly feel an emotional experience. We are going to build an anchor that you can use to bring up a strong positive feeling that is associated with a design you just made in regards to your future wealth. Once your anchor is built, I want you to use this trigger anchor each and every day to build belief and motivation when you need it most. Now, I want you to bring back all the images that you created about the details of how you will be enjoying your new financial wealth.

Begin right now to experience those feelings in every pore and every cell of your body. Feel the good feelings building stronger and stronger with every breath that you take. That's right. Your breath is becoming stronger. Your feelings are becoming stronger and more powerful. That's right. Enjoy these feelings, and when you think you're experiencing all the excitement, joy, and passion that you can feel, I want you to double it. That's right. Double the intensity of your feelings right now, and you can do it easily because multiplication is done naturally and unconsciously in your mind.

So you don't even have to think about it. Two times two is four. It's automatic. Now feel the good feelings in every pore of your body and double it again. That's right. Even stronger now. Stronger now, and get ready. Double it again. That's right. Hold those feelings, and on the count of four, when I count to the number four, you are going to clench your right hand into a fist, say the words double it to yourself in a powerful and confident voice as you see a picture of yourself enjoying your future wealth in your mind. This will be your anchor that you will use every day to build belief, passion, and motivation.

Okay get ready now. One. Feeling the emotions grow even stronger now. Two. Feeling the energy building and flowing in every pore and every cell of your body. Three. Getting ready to make a fist with your right hand. Getting ready to bring up a picture of yourself enjoying your new financial wealth. Getting ready to say the words double it. Now. Double it.

Okay that was great. Now you've built a powerful anchor associated with making a fist with your right hand, the words double it with a picture of you enjoying your new wealth. Now every day, I want you to find opportunities to fire off this anchor by making a fist, saying the words, and making the picture in your mind. You do all three at the same time, and it will only take a second or two. And when you do it, you will suddenly be filled with power, joy, energy, confidence, focus, certainty, and excitement.
Also, every time you listen to this audio you will be strengthening your anchor until it becomes so strong that it will propel you to your financial success at will, no matter where you are, what you are doing, or what is happening in your life.

Now, take a few moments. As you listen to the rest of this audio, I want you to picture yourself using this anchor in different situations in your life.

**Precision Affirmations**

- I have all the power within me to earn as much money as I choose.
- You have all the power within you to earn as much income as you choose.
- I am consistently in the right vibration to earn money.
- You are consistently in the right vibration to earn money.
- Money flows to me from known and unknown sources.
- Money flows to you from known and unknown sources.
- Money is easy to earn and attract. Money is easy for you to earn and attract.
- I now have all the intelligence I need to make my fortune.
- You have all the intelligence you need to make your fortune.
- Earning money comes easily to me.
- Earning money comes easily to you.
- I deserve all the money I want.
- You deserve all the money you want.
- I consistently use money wisely. You consistently use your money wisely.
- I now have absolute certainty in my ability to generate the income I choose.
- You now have absolute certainty in your ability to generate the income you choose.
- Once I choose my financial goals, I achieve them.
- Once you choose your financial goals, you achieve them. Money is everywhere, and I find it with ease.
- Money is everywhere, and you find it with ease.
- I now release any negative thoughts, feelings, or associations with money.
- You now release any negative thoughts, feelings, or associations with money.
- I now give myself permission to earn as much money as I choose.
- You now give yourself permission to earn as much money as you choose.
- I now live, feel, and expect an abundance of money. You now live, feel, and expect an abundance of money.
- It is easy for me to learn how to earn lots of money.
- It is easy for you to learn how to earn lots of money.
- It feels so good earning the amount of money I choose. You feel so good earning lots of money.
- I now have all the confidence and certainty I need to earn as much money as I want.
- You now have the confidence you need to make as much money as you choose.
- I now have a millionaire mindset.
• You now have a millionaire mindset.
• I am so grateful for who I am becoming so I can earn whatever amount of money I choose.
• You are so grateful for who you are becoming so you can earn whatever amount of money you choose.
• I now release any negative experiences that I've had in the past with money.
• You now release any negative experiences that you've had in the past with money.
• Making lots of money is so much fun.
• Making lots of money is so much fun for you.
• I love the choices that making lots of money gives me.
• You love the choices making lots of money gives you.
• With more money, I can help more people and do more good in the world.
• With more money, you can help more people and do more good in the world.
• The more I give, the more I earn.
• The more you give, the more you earn.
• My personality easily attracts money from many positive sources.
• Your personality easily attracts money from many positive sources.
• I consistently take advantage of the right opportunities to earn lots of money.
• You consistently take advantage of the right opportunities to earn lots of money.
• I now release any emotions and negative people that may have hindered me from earning all the money I can in the past.
• You now release any emotions and negative people that may have hindered you from earning all the money you could in the past.
• I think, feel, and act rich because I am.
• You think, feel, and act rich, because you are.
• I deserve to earn all the income I choose and am capable of earning.
• You deserve to earn all the income you choose and are capable of earning.
• I am so happy and grateful that all these beliefs about money are true right now, and they are.
• You are so happy and grateful that all these beliefs about money are true for you right now, and they are.
• I am now fulfilling my financial destiny to be rich.
• You are now fulfilling your financial destiny to be rich.
About Levels 4-6 - Quantum Acceleration

These levels progressively train your brain as Level 4 gets you intimately familiar with the Theta Brain-wave state; Level 5 begins to entrain your brain to the Delta state; and Level 6 trains your brain to move from the Theta state to the Delta state.

Focus:

In this level, the focus is on training the ability to easily enter a Theta State as well as the Delta State. This level builds upon the previous level in reprogramming self-image with positive programming, suggestions, affirmation, and therapeutic metaphors. It increases Brain Balance while increasing production of healing body chemicals. One of the primary targets of this level is stress, where it reduces stress primarily by the dynamics between suppressing the stress hormone release, while also increasing the threshold ability to handle higher stress.

Benefits:

This section describes the Theta and Delta Brain waves. The benefits associated with Theta Brainwaves: improves the ability to remove negative self-image, negative programming and beliefs; and is ideal for increasing resistance to negative programming. This level also strengthens the emotional self by developing a connection with the emotional self as well as helping resolve emotional issues. It is also associated with spiritual growth and increased meditation benefits. The Theta State increases connection to your subconscious processing and increases intuition. It enhances learning, promotes advanced problem-solving, and is especially associated with long-term memory improvement. It increases creativity as well as ability to hyper-focus. This state also increases your immune system as well as encourages deep relaxation, which results in reduced stress and reduced anxiety.

The benefits associated with Delta Brain waves: provides even greater access to the subconscious mind making it ideal for reprogramming the self-image with positive programming, suggestions and affirmation and therapeutic metaphors. It also increases empathy, social responsibility, kindness and understanding. It also improves access to deep states of spirituality and increases intuition. There are multiple effects on the hormones, which provide many benefits as well, such as: release of anti-aging hormones; release of natural growth hormone; release of melatonin; increase in production of DHEA; and reduction of the stress hormone Cortisol. It also improves the immune system and is associated with mind-body healing. This state also increases the resistance to mental disorders and encourages deep meditative states with experienced meditators.
Level 4 Transcripts - Increasing Wealth Feelings

The affirmations, stories, and meditations you are about to listen to have all been created using the most advanced positive psychology, brain research, and cutting edge technology that will allow you to easily and comfortably make all the necessary changes required to achieve your goals and ultimate lifestyle.

Remember, continuous repetition while allowing your feelings to fully associate with each affirmation, story, or meditation in this audio is the secret to deeply absorbing the new beliefs, habits, and mental programs that will transform your life right now.

This is John Assaraf, and what I would like you to do for yourself right now is to get into a quiet relaxed state of mind and just release all tension, any worries, any doubts, or concerns that you may have. And take this time just for you.

This is your time, so take it. Enjoy it, and relax into it right now.We will begin with a few deep breaths as you count backwards with me from three to one. Ready? Take a deep breath in. Three. And release it at your own slow pace. Take another deep breath in. Two. And release slowly as you feel more and more relaxed, and more and more peaceful. And finally, inhale deeply. One. And release gently and slowly right now. Remember, you can do this anytime throughout the day to get centered, relaxed, and focused.

Now and in the next few minutes, I would like you to explore feelings of positivity that are connected with building wealth and attracting money. The reason is simple. The way you feel from moment to moment naturally attracts circumstances into your life that resonate with your emotions. It's important to understand the emotions you feel are the attractors in your life not your circumstances. Thinking and feeling wealthy attracts circumstances that will bring you wealth. Thinking and feeling great about having money will attract circumstances that will bring you more money.

This holds true for everything in your life. So for now, I want you to increase the range of positive feelings that you have regarding wealth and money so you can naturally and easily attract circumstances, events, resources, and people that will bring you more money, more wealth, and more prosperity now. Take a deep breath and exhale gently.

As you draw in the new air, I want you to remember a time that you earned any amount of money all on your own. Maybe it was your first job. Maybe it was back when you were really young and you cut the grass or shoveled some snow. Maybe it was a babysitting job. It's not important what it was or what you did that earned you the money. What is important is that you are remembering a time that when you earned this money, you felt joy, excitement, and you were proud of your accomplishments.

That's right. Go back and remember exactly how it felt right now. Now, what I want you to do is to feel the positive feelings you were feeling back then. Feel the excitement and the sense of accomplishment you felt. Bring back all of those great feelings right now right into this very moment. You may notice that your breathing is changing because your feelings are building stronger and stronger. It's almost as if it's happening again right now.

That's right. Enjoy these feelings as you continue to listen to the sound of my voice. The great thing about your imagination is that you can with a couple of thoughts increase the strength of your emotions, increase the strength of your feelings. You can build them stronger and stronger if you choose. So now I'm asking you to make this choice and allow your subconscious mind to double these feelings right now. That's right. Double your feelings of positivity right now.
Notice how your breathing is changing to match your feelings. Now double it again times two. Feeling even more positivity. Imagine how much money you’re attracting from the universe as these feelings increase more and more with each breath you take.

Listen to the rest of this audio and know that you can bring back this feeling anytime you like by simply remembering how it felt as you are now listening to this audio. And every time you listen to this audio track, your positive feelings and emotions about money and wealth grow even more and more positive each time you listen to this audio. You are now resonating at a higher frequency and commanding the quantum universe to bring you wealth and money because of the intense positive feelings you are feeling right now associated with money.

And I wonder how many other good feelings could you feel every day that would attract even more money into your life. Maybe as you sleep and dream tonight, your subconscious mind will build for you more awareness and opportunities to increase your positivity and wealth building productivity. And every day, you will feel especially good when you notice it working for you, right now.

As you begin to relax deeply, you can choose to listen to my voice, or you can let your mind wander. It really is not important because everything you are hearing is not meant for your conscious mind to understand. My voice, the words you hear, and the sounds behind my voice are all for your subconscious mind to learn and grow effortlessly as you continue to relax deeply in total comfort now.

Even when I ask you to do something, you can choose to actively participate or you can let your subconscious mind do it for you as you relax and enjoy this process. Whatever you decide, you will be experiencing new levels of programming that will assist you in multiplying your wealth right now.

In this audio we are going to do some direct programming of your subconscious mind, making you impervious to negativity around money. We are going to program your mind on the deepest levels to be open to building more wealth and success than ever before.

So let’s begin by taking a couple gentle and complete breaths. Notice as you inhale and exhale you feel relaxation flowing through your body. That’s right, breathe in and out. And soften every muscle in your body as you do this right now. Deeper and deeper, deeper and deeper. You are feeling deeply, deeply relaxed. You are feeling so comfortable and secure, comfortable and relaxed. You are breathing comfortably and deeply, feeling completely relaxed, comfortable, and secure. Now that you are learning something new, even as you drift off or lose track of my voice your subconscious now hears each and every word that I say, echoing deep, deep in your subconscious mind. Each and every day the suggestions that I make grow stronger and stronger in your subconscious mind.

Now let’s begin programming your mind. Negative thoughts or negative suggestions around money have no influence over you at any level of your mind. You reject all thoughts and suggestions detrimental to your health, wealth or happiness. The inner kingdom of your mind is universal. Your thoughts around money are success and power reactors. Your brainwaves are tuned to natural success and wealth frequencies right now.

You are now becoming receptive to conditions and circumstances people and opportunities that are beneficial to your wealth and financial prosperity. Deeper and deeper, deeper and deeper. You are feeling deeply, deeply relaxed. You are feeling so comfortable and secure, comfortable and relaxed. You are breathing comfortably and deeply, feeling completely relaxed, comfortable, and secure that you are learning something new, even
as you drift off or lose track of my voice your subconscious mind now hears each and every word that I say, echoing deep, deep in your subconscious mind. Each and every day the suggestions that I make grow stronger and stronger in your mind.

It is your natural right to be rich and to accumulate as much wealth as you desire. You accept this right at all times. You program your mind daily to alert your conscious and subconscious mind to any financial opportunities that will enhance your personal gain. Your new wealth programming is effective now. This input in subconscious programming has a powerful money reaction circuit associated with it. It functions to attract money easily in your daily life. It also will act as a money multiplier for you. You remember from Level 1 don't you? Double it.

My suggestions grow stronger and stronger, more and more powerful with each and every passing day. And this gives you joy. This gives you confidence. Deeper and deeper, deeper and deeper. You are feeling deeply, deeply relaxed. You are feeling comfortable and secure, and at peace right now.

Money attraction is a constant function of your thoughts and emotions. Money attraction constantly flows into your life. Money will always be good to you. It will always return to you in good ways, time and time again. You will always have a healthy positive attitude about money. And an abundance flowing into your life.

This programming is effective now. Accelerating your wealth on a quantum level, even as I speak these words, money and new wealth is being created for you in your life, right now. Feel it now. Believe it now. As you continue to feel deep, deeply relaxed. You are feeling so comfortable and secure, comfortable and relaxed. You are breathing comfortably and deeply, feeling completely relaxed, completely comfortable, and secure, that you are learning something new.

Even as you drift off or lose track of my voice your subconscious now hears each and every word that I say, echoing deep, deep in your mind. Each and every day the suggestions that I make grow stronger and stronger in your mind.

Your thoughts and actions around money are highly profitable in every way possible. Your financial wealth is growing every day. First on the quantum level in your mind, then in many ways that are observable and tangible in your life. Money is constantly flowing and circulating in your life. This is the way wealth works. It is like the ocean, you can take as much of it as you'd want and there is always enough for everyone else. Your new wealth is now ready to manifest into your life right now. This new programming is extremely effective. Imagine how this new program is going to benefit you in your life.

Think about the future, think scenarios where now, with your new programming, you take on the opportunities that present themselves to help you earn all the income that you could ever imagine or desire. Think and feel for just a moment what it's like to have and abundance of wealth in your life right now. As you imagine and feel the abundance that is flowing into your life and all the good that comes with it, know that with each passing day, the programming that we are doing right now will get stronger and stronger, deeper and deeper, and have the long lasting effects that you want and desire.

Now listen to the rest of this audio as you continue to imagine and feel how you will be enjoying all the new wealth that is so naturally flowing into your life.
Precision Affirmations

• I have all the power within me to earn as much money as I choose.
• I am consistently in the right vibration to earn money.
• Money flows to me from known and unknown sources.
• Money is easy to earn and attract.
• I now have all the intelligence I need to make my fortune.
• Earning money comes easily to me.
• I deserve all the money I want. I consistently use money wisely.
• I now have absolute certainty in my ability to generate the income I choose.
• Once I choose my financial goals, I achieve them.
• Money is everywhere, and I find it with ease.
• I now release any negative thoughts, feelings, or associations with money.
• I now give myself permission to earn as much money as I choose.
• I now live, feel, and expect an abundance of money.
• It is easy for me to learn how to earn lots of money.
• It feels so good earning the amount of money I choose.
• I now have all the confidence and certainty I need to earn as much money as I want.
• I now have a millionaire mindset.
• I am so grateful for who I am becoming so I can earn whatever amount of money I choose.
• I now release any negative experiences that I've had in the past with money.
• Making lots of money is so much fun.
• I love the choices that making lots of money gives me.
• With more money I can help more people and do more good in the world.
• The more I give, the more I earn.
• My personality easily attracts money from many positive sources.
• I consistently take advantage of the right opportunities to earn lots of money.
• I now release any emotions and negative people that may have hindered me from earning all the money I can in the past.
• I think, feel, and act rich because I am.
• I deserve to earn all the income I choose and am capable of earning.
• I am so happy and grateful that all these beliefs about money are true right now, and they are.
• I am now fulfilling my financial destiny to be rich.
Level 5 Transcripts - Being Creative

The affirmations, stories, and meditations you are about to listen to have all been created using the most advanced positive psychology, brain research, and cutting edge technology that will allow you to easily and comfortably make all the necessary changes required to achieve your goals and ultimate lifestyle.

Remember, continuous repetition while allowing your feelings to fully associate with each affirmation, story, or meditation in this audio is the secret to deeply absorbing the new beliefs, habits, and mental programs that will transform your life right now.

This is John Assaraf, and what I would like you to do for yourself right now is to get into a quiet relaxed state of mind and just release all tension, any worries, any doubts, or concerns that you may have. And take this time just for you. This is your time, so take it. Enjoy it, and relax into it right now. We will begin with a few deep breaths as you count backwards with me from three to one. Ready? Take a deep breath in. Three. And release it at your own slow pace. Take another deep breath in. Two. And release slowly as you feel more and more relaxed, and more and more peaceful. And finally, inhale deeply. One. And release gently and slowly right now. Remember, you can do this anytime throughout the day to get centered, relaxed, and focused.

Think for a moment what it means to be creative. I hear some people say that they are just not creative. However, I don't believe them, and neither should you because creativity is something that every single individual on this planet is born with, zero exceptions. Every thought that enters your head is a creation. Every word that you utter is created by you. Every word you write or type is an act of creativity.

When you feel emotions, they are your creations. Every man made thing on this planet was once an idea, a thought in someone's mind, and it eventually became a creation, a work of creativity.

Money and wealth are created every day. So today and every day, you will take part in the creation of more money and wealth in your life. You deserve it. Every time you listen to this audio, you are reminded to be a joyful participant in the creation of your own wealth. Imagine now how you are and will be participating in the creation of wealth. It will most surely start as a thought and blossom into an idea. Imagine feeling creative.

You already know that you are a creative person. It is your birthright. Now, imagine yourself wealthy beyond your dreams. Imagine walking into a bank where you have more money than you ever thought possible at one time in your life. Maybe it's hundreds of thousands of dollars. Maybe it's millions. Maybe it's even billions of dollars in your account. As you see yourself walking into the bank, notice how you are walking. Notice what you are wearing. What type of clothes are you wearing? What kind of jewelry do you have on? What about your shoes? Notice that the tellers and manager in the bank are watching you and thinking what an amazingly wonderful and successful person you are. As you float into this moving picture of you in the bank, you now notice that your body reacts in the most positive way as you listen to my words.

Notice the way you are carrying yourself as the manager springs out of his chair to greet you now. I want you to float inside of this image of you so that you are now seeing the bank manager and all of your surroundings with your own eyes. That's right. As you float into this moving picture of you in the bank, you now notice that your body reacts in the most positive way as you listen to my words.

As the bank manager greets you with his handshake, you flash him a comforting smile because you're about to make his day, because you are not here to make a massive withdrawal. You are here to make another very big deposit. You reach into one of your pockets and you pull out a check with your name on it. See your name on this check and see that it is written to you in the sum of one million dollars. Notice how the bank manager reacts as you hand him the check. Notice the smile on his face, and notice the way you feel as another big deposit goes into your account.
Now as you continue listening to this audio, let the creative power of your mind flow in new and pleasantly surprising ways as you enjoy your newfound creativity for attracting and achieving the income and wealth you now desire.

As you begin to relax deeply, you can choose to listen to my voice or you can let your mind wander. It really is not important because everything you are hearing is not meant for your conscious mind to understand. My voice, the words you hear, and the sounds behind my voice are all for your subconscious mind to learn and grow effortlessly as you continue to relax deeply in total comfort now.

In this audio, we are going to do some deep subconscious programming in accelerating your ability to create new wealth using your creative abilities. Most people think that creativity has only to do with art and music. This is untrue. Creativity is at the foundation of everything on our planet, including wealth, success, and abundance. Think of the word creativity, the root of this word is to create. Just as you can take a pen, a paintbrush, or any number of tools and create a painting, so can you use any number of tools to create new and amazing wealth. The process is essentially the same. Now the more creative you are, the easier it is to create new wealth. So in the remainder of this audio, I am going to guide you into a deep trance, silencing your conscious mind. And after you are deeply relaxed and in deep trance, I’m going to offer your subconscious mind a powerful program that will ultimately enhance your ability to create amazing amounts of financial wealth in your life.

So make yourself comfortable and rest your hands on your thighs, or down by your side. Now gently allow your eyelids to close and just begin to allow yourself to relax. Letting all of your cares and worries go. And at this moment in time, nothing matters. As you switch off your thoughts and just allow this time for you, so that you can unwind completely, and as you begin to feel more and more relaxed, letting go of any worries or problems that may have been on your mind lately. There is no need to fight any unwanted negative thoughts, as they will soon drift out of your mind again just as easily as they came.

I would like you take a couple of deep breaths right now. Slowly filling your lungs with fresh air and as you inhale and exhale you will relax more and more with each and every breath. Take a few deep breaths in and out at your own pace. In and out. And as you gently slow your breathing down, begin to feel more and more relaxed, more and more comfortable. You will feel your whole body sinking into the couch or chair that you are on. And you will notice how relaxed your whole body has become. From the top of your head, down your neck, across your back, your abdomen, your butt, your legs, all the way down to your toes. Absolutely, totally relaxed, totally calm, and totally at peace.

You now notice that your eyelids have become very heavy, as you let go of any tension in your body and face. All the muscles of your jaw have become limp and relaxed. As your jaw sinks down, and your tongue rests gently on the bottom of your mouth, you are beginning to drift down deeper and deeper, feeling more and more relaxed with every word I speak.

As this wave of relaxation spreads down your neck and shoulders, and all the way down your arms to your finger tips, you may feel a tingling sensation in your fingertips as your arms grow as heavy as lead. And you soon become aware of a growing peaceful feeling inside. A feeling of calmness and contentment as you feel every muscle in your chest and abdomen become limp and relaxed and all the muscles in your back are relaxing. Almost like a mental message. All the way down your spine the muscles loosen and relax. And as you drift down deeper and deeper, relaxed, you let this wave of relaxation spread all the way down your legs, so that your legs become as heavy as lead.

And every muscle in your legs becomes limped and relaxed so that you are completely relaxed from the top of your head to the tips of your toes. And as the outside world fades into the background, as you begin your journey into your
own inner world, to that unique and special part of you that only you can go to, you continue to let go of any negative thoughts or feelings. And any sounds around you or in the distance, will fade into the background right now.

The only sound that will matter to you is the sound of my voice, which will continue to take you deeper and deeper into a wonderful state of relaxation. And you soon may find that your mind begins to wander. And it doesn’t matter where you drift or where you go, my voice will travel with you at all times, so that you continue to respond to me at a subconscious level.

And in a few moments time, you will hear me say the word now. And when you hear me say the word now, all tension is going out of your body, and your body will continue to sink down becoming more and more limp, more and more relaxed and comfortable too. Just feel yourself sinking down into your couch or chair. Your head sinking down into the pillow, becoming even more comfortable, feeling completely at peace, completely calm, and completely content.

As you continue to drift down, really enjoying this wonderful feeling of complete relaxation and there may be times when you will not be aware of your body. You won’t be aware of your body at all, as you continue to go deeper and deeper, relaxed. Deeper and deeper, relaxed. You are now becoming all that you are capable of being. You are here on this physical earth, in physical form, as a result of your desire to learn, grow, and evolve. You have a mission and purpose in your life.

Let your subconscious mind tap into the universal levels of the mind to help physically manifest your financial ability and potential so that you may fulfill your destiny on earth. Your creative abilities are now being activated. Your creative abilities are beginning to emerge and intensify with each and every passing moment. You now draw upon all the subconscious knowledge from your past to intensify your creative abilities. New fields of creative activity are now open to you. You draw from the universes unlimited creative inspiration, intelligence and energy. You now activate the creative abilities given to you by the divine mind. You now utilize the unlimited powers of your subconscious mind. The wisdom of the universe is within you and you now draw upon its unlimited divine inspiration. You now have the ability to tap knowledge that you’ve never tapped before.

You now have the ability solve situations in a creative manner. You feel creative and you are creative. The wisdom and the creativity of the universe is within you right now. The wisdom and creativity of the universe is within and you now. The wisdom and creativity of the universe is within and you now. And you are free to access it anytime you wish.
Precision Affirmations

- You have all the power within you to earn as much income as you choose.
- You are consistently in the right vibration to earn money.
- Money flows to you from known and unknown sources.
- Money is easy for you to earn and attract.
- You have all the intelligence you need to make your fortune.
- Earning money comes easily to you.
- You deserve all the money you want.
- You consistently use your money wisely.
- You now have absolute certainty in your ability to generate the income you choose.
- Once you choose your financial goals, you achieve them.
- Money is everywhere, and you find it with ease.
- You now release any negative thoughts, feelings, or associations with money.
- You now give yourself permission to earn as much money as you choose.
- You now live, feel, and expect an abundance of money.
- It is easy for you to learn how to earn lots of money.
- You feel so good earning lots of money.
- You now have the confidence you need to make as much money as you choose.
- You now have a millionaire mindset.
- You are so grateful for who you are becoming so you can earn whatever amount of money you choose.
- You now release any negative experiences that you've had in the past with money.
- Making lots of money is so much fun for you.
- You love the choices making lots of money gives you.
- With more money, you can help more people and do more good in the world.
- The more you give, the more you earn.
- Your personality easily attracts money from many positive sources.
- You consistently take advantage of the right opportunities to earn lots of money.
- You now release any emotions and negative people that may have hindered you from earning all the money you could in the past.
- You think, feel, and act rich, because you are.
- You deserve to earn all the income you choose and are capable of earning.
- You are so happy and grateful that all these beliefs about money are true for you right now, and they are.
- You are now fulfilling your financial destiny to be rich.
Level 6 Transcripts - Tenacity & Resolve

The affirmations, stories, and meditations you are about to listen to have all been created using the most advanced positive psychology, brain research, and cutting edge technology that will allow you to easily and comfortably make all the necessary changes required to achieve your goals and ultimate lifestyle.

Remember, continuous repetition while allowing your feelings to fully associate with each affirmation, story, or meditation in this audio is the secret to deeply absorbing the new beliefs, habits, and mental programs that will transform your life right now.

This is John Assaraf, and what I would like you to do for yourself right now is to get into a quiet relaxed state of mind and just release all tension, any worries, any doubts, or concerns that you may have. And take this time just for you.

This is your time, so take it. Enjoy it, and relax into it right now. We will begin with a few deep breaths as you count backwards with me from three to one. Ready? Take a deep breath in. Three. And release it at your own slow pace. Take another deep breath in. Two. And release slowly as you feel more and more relaxed, and more and more peaceful. And finally, inhale deeply. One. And release gently and slowly right now. Remember, you can do this anytime throughout the day to get centered, relaxed, and focused.

I love the tenacity of young children because they go after the things that they desire with little to no personal ability to achieve it on their own. When young children make up their mind that they want something, they will continue to use whatever limited resources they have and push forward at every opportunity.

I've learned a lot from children in this way because I rarely see the tenacious resolve in adults that have many more resources than children. I'm sure you can remember what it's like to be a kid who is tenacious, can't you? Take a few moments and drift back in time, and remember what it's like to want something so badly that you did whatever you had to to get it. Maybe it was a puppy or maybe it was something completely different and intangible. It doesn't really matter what it was. What's important is that you remember a time that you desired something so intensely that you would've done anything to get it, and the result was that you did. Somehow you got what you desired.

Think of this time and begin to feel what it was like to feel all that intense desire in your body, and as you remember, you may be pleasantly surprised that you are starting to feel that way right now. That's right. Float yourself back to that time and remember every detail that you can remember and let it happen naturally. Even if a clear picture doesn't come to mind, just trust that your subconscious hears and understands exactly what to do. That's right. Just trust your subconscious mind. Imagine yourself right now feeling the tenacious resolve building stronger and stronger with every moment. Remember that you never did focus on the obstacles. What you do as a child is focus intently on your desires and goal, giving little to zero attention to what may have been standing in your way. Your focus is sharp. Your feelings intense, and your resolve absolute.

That's right. With one more deep breath, you feel those feelings of tenacity filling every cell of your body right now. Think about all the money and the wealthy lifestyle that you are manifesting in your life right now. Imagine what you will do with your new wealth as you feel even more and more tenacious, right now.
Take the next few minutes and visualize all of the good things that will happen to you as you achieve your wealth and as the feeling of tenacious resolve builds within you. As you feel these feelings, know that within you is everything you need and require to achieve every one of your financial and non-financial goals and dreams.

As you begin to relax deeply, you can choose to listen to my voice or you can let your mind wander. It really is not important because everything you are hearing is not meant for your conscious mind to understand. My voice, the words you hear, and the sounds behind my voice are all for your subconscious mind to learn and grow effortlessly as you continue to relax deeply in total comfort now.

In this audio, we are going to do some deep subconscious programming that is directly involved in accelerating your ability to create new financial wealth. When creating new financial wealth your ability to be tenacious and have resolve about your goals is paramount to your success. In this audio I ask you to allow me to program your subconscious mind to have an enhanced ability to follow through with your plan of action with unbridled tenacity and resolve.

So make yourself comfortable and rest your hands on your thighs, or down by your side. Now gently allow your eyelids to close and just begin to allow yourself to relax. Letting all of your cares and worries go. And at this moment in time, nothing matters. As you switch off your thoughts and just allow this time for you, so that you can unwind completely, and as you begin to feel more and more relaxed, letting go of any worries or problems that may have been on your mind lately. There is no need to fight any unwanted negative thoughts, as they will soon drift out of your mind again just as easily as they came.

I would like you take a couple of deep breaths right now. Slowly filling your lungs with fresh air and as you inhale and exhale you will relax more and more with each and every breath. Take a few deep breaths in and out at your own pace. In and out. And as you gently slow your breathing down, begin to feel more and more relaxed, more and more comfortable. You will feel your whole body sinking into the couch or chair that you are on. And you will notice how relaxed your whole body has become. From the top of your head, down your neck, across your back, your abdomen, your butt, your legs, all the way down to your toes. Absolutely, totally relaxed, totally calm, and totally at peace. You now notice that your eyelids have become very heavy, as you let go of any tension in your body and face. All the muscles of your jaw have become limp and relaxed. As your jaw sinks down, and your tongue rests gently on the bottom of your mouth, you are beginning to drift down deeper and deeper, feeling more and more relaxed, more and more comfortable. You will feel every muscle in your chest and abdomen become limp and relaxed and all the muscles in your back are relaxing. Almost like a mental message. All the way down your spine the muscles loosen and relax. And as you drift down deeper and deeper, relaxed, you let this wave of relaxation spread all the way down your legs, so that your legs become as heavy as lead.

And every muscle in your legs becomes limped and relaxed so that you are completely relaxed from the top of your head to the tips of your toes. And as the outside world fades into the background, as you begin your journey into your own inner world, to that unique and special part of you that only you can go to, you continue to let go of any negative thoughts or feelings. And any sounds around you or in the distance, will fade into the background right now.

The only sound that will matter to you is the sound of my voice, which will continue to take you deeper and deeper into a wonderful state of relaxation. And you soon may find that your mind begins to wander. And it doesn’t matter where
you drift or where you go, my voice will travel with you at all times, so that you continue to respond to me at a subconscious level.

And in a few moments time, you will hear me say the word now. And when you hear me say the word now, all tension is going out of your body, and your body will continue to sink down becoming more and more limp, more and more relaxed and comfortable too. Just feel yourself sinking down into your couch or chair. Your head sinking down into the pillow, becoming even more comfortable, feeling completely at peace, completely calm, and completely content.

As you continue to drift down, really enjoying this wonderful feeling of complete relaxation and there may be times when you will not be aware of your body. You won't be aware of your body at all, as you continue to go deeper and deeper, relaxed. Deeper and deeper, relaxed. You are going to find that with each and every day, you are more and more eager to follow through on the financial goals and objectives you have committed yourself to. You now find that you've become more and more aware of your schedule, what commitments you have made and what amount of time you can expect to complete them in. You find that you have the strength and the resolve to agree to undertake only those tasks that you really want and should undertake.

You have an excellent sense of where you are going and what you need to achieve your financial goals. When something doesn't fit in or compliment what you want to be doing, you will simply not agree to do it. From this day on, you will only focus on your highest income and highest impact producing activities. Regardless of the amount of distractions that come your way each and every day, you now have the ability to stay focused and on track to achieve each and every one of your financial goals. You have the ability to stay on track with each one of your highest impact and highest income producing activities, making it easier and easier every day to get closer and closer to your financial goals and dreams.

Each and every day you feel more and more sure of yourself and of your vision of the world and the way you want to live your life. You find that you're resolved to carry out your financial goals and objectives. Become stronger and stronger each and every day. You find that you are especially attuned and attract people to you that are supportive of your mission. You find it easier and easier to draw strength and resolve from the connections that you have with other people. At the same time you become aware of the fact that many people are actively supporting you in your quest for your financial goals and objectives.

You are heartened and strengthened by the support, appreciation, and loyalty of friends and supporters. Your life is now a series of financial successes. All of your financial experiences are potential opportunities for you to accomplish even more. You can now literally accomplish any financial goal you set. And your only limitation is your imagination. And you are now letting your imagination go free. You are very clear about what you want out of your life, and you now get exactly what you want out of life.

You have the self discipline to stick with your goals until they are accomplished. You now allow only positive and winning thoughts to flow through your mind. You are filled with optimism and enthusiasm in pursuing your financial goals to fruition. You are a financial goal oriented winner. You accomplish all of your financial goals. You feel an intense inner drive to reach all of your financial goals and to accomplish and win the game of wealth, right now.
Precision Affirmations

- I have all the power within me to earn as much money as I choose.
- You have all the power within you to earn as much income as you choose.
- I am consistently in the right vibration to earn money.
- You are consistently in the right vibration to earn money.
- Money flows to me from known and unknown sources.
- Money flows to you from known and unknown sources.
- Money is easy to earn and attract.
- Money is easy for you to earn and attract.
- I now have all the intelligence I need to make my fortune.
- You have all the intelligence you need to make your fortune.
- Earning money comes easily to me.
- Earning money comes easily to you.
- I deserve all the money I want.
- You deserve all the money you want.
- I consistently use money wisely.
- You consistently use your money wisely.
- I now have absolute certainty in my ability to generate the income I choose.
- You now have absolute certainty in your ability to generate the income you choose.
- Once I choose my financial goals, I achieve them.
- Once you choose your financial goals, you achieve them.
- Money is everywhere and I find it with ease. Money is everywhere and you find it with ease.
- I now release any negative thoughts, feelings, or associations with money.
- You now release any negative thoughts, feelings, or associations with money.
- I now give myself permission to earn as much money as I choose.
- You now give yourself permission to earn as much money as you choose.
- I now live, feel, and expect an abundance of money.
- You now live, feel, and expect an abundance of money.
- It is easy for me to learn how to earn lots of money.
- It is easy for you to learn how to earn lots of money. It feels so good earning the amount of money I choose.
- You feel so good earning lots of money.
- I now have all the confidence and certainty I need to earn as much money as I want.
- You now have the confidence you need to make as much money as you choose.
- I now have a millionaire mindset.
- You now have a millionaire mindset.
- I am so grateful for who I am becoming so I can earn whatever amount of money I choose.
• You are so grateful for who you are becoming so you can earn whatever amount of money you choose. I now release any negative experiences I have had in the past with money.
• You now release any negative experiences that you've had in the past with money.
• Making lots of money is so much fun.
• Making lots of money is so much fun for you.
• I love the choices that making lots of money gives me.
• You love the choices making lots of money gives you.
• With more money, I can help more people and do more good in the world.
• With more money, you can help more people and do more good in the world.
• The more I give, the more I earn.
• The more you give, the more you earn.
• My personality easily attracts money from many positive sources.
• Your personality easily attracts money from many positive sources.
• I consistently take advantage of the right opportunities to earn lots of money.
• You consistently take advantage of the right opportunities to earn lots of money.
• I now release any emotions and negative people that may have hindered me from earning all the money I can in the past.
• You now release any emotions and negative people that may have hindered you from earning all the money you could in the past.
• I think, feel, and act rich, because I am.
• You think, feel, and act rich because you are.
• I deserve to earn all the income I choose and am capable of earning.
• You deserve to earn all the income you choose and are capable of earning.
• I am so happy and grateful that all these beliefs about money are true right now, and they are.
• You are so happy and grateful that all these beliefs about money are true for you right now, and they are.
• I am now fulfilling my financial destiny to be rich.
• You are now fulfilling your financial destiny to be rich.
About Levels 7-9 - Pure Access

There are no transcripts within this manual for Levels 7-9 because it is a Pure Access level, which reinforces and builds upon the same content in the previous levels. If desired, refer back to the Transcripts for Levels 1-6 (although the content may be in a different order within Levels 7-9).

This level provides pure access technology. All three of these tracks are designed to entrain you from Gamma to sub-Delta, giving you the ultimate flexibility in brainwave control and personal power. Listen to this level with your eyes opened or closed.

Focus:

This Levels 7-9 Brainwave Training segment is what we have been training for along the way—while also gaining benefits that progressively build upon each other. It is commonly known that the more flexible a person is, the more they can adapt to any situation and achieve a desirable outcome. Many psychologists and researchers have noted that the most flexible person in a room or social situation will control the flow of information and will typically achieve the highest degree of benefit from those interactions.

The main focus of your Level 7-9 brainwave entrainment is to train your brain to have access to the full range of brainwave patterns from GAMMA all the way down to Sub-Delta. During this training, the audios will emphasize flowing from one brainwave state to another, thereby training you to have ultimate mental flexibility and maximum flexibility in your behavior. Increased mental and behavioral flexibility will lead to increased success, happiness, and overall fulfillment. You also will gain increased ability to steer your life in the direction that you desire. In Levels 7-9, you will access all the brainwaves states that you have learned to access in the previous levels as well the following: GAMMA and Sub-Delta (which are on opposite ends of the brainwave spectrum).

Benefits:

There are many benefits of GAMMA Brainwaves that occur at high levels, which allow you to reach peak performance states. It is associated with high intelligence; increased focus and concentration; and overall brain functioning. These brainwaves have been linked with the ability to process large amounts of information in small amounts of time so that there is increased mental processing speed and capacity—resulting in super learning and increased memory. It also helps integrate sensory information to all parts of the brain, which increases your sensory acuity enhancing your perception of reality. It also provides self-control, increased internal happiness, and increased compassion. Many people believe that GAMMA is the pathway to enlightenment.

Although Sub-Delta is on the opposite end of the spectrum, it also provides significant benefits. It boosts the immune system by encouraging a variety of immune and body healing chemicals. It brings improved/increased physical healing. These brainwaves are very soothing for the limbic system (the amygdala and hypothalamus) as well as reduce and promote relief from both hyper-tension and chronic pain.

In Levels 7-9, you will experience an incredible 3-D Effect which will take your brain into a deep and new realm of consciousness. It may feel unique at first. (Trust me from experiencing the power of it myself, this experience is amazing!) These levels will also gently introduce your brain to the most powerful of brainwave frequencies: GAMMA. You will need to use these tracks for 7 days each.
The level 7-9 content is entirely different than Levels 4-6 in every way except the syntax. Levels 7-9 are Pure Access technology. All three of these tracks are designed to entrain you from Gamma to Sub-Delta—giving you the ultimate flexibility in brainwave control. The content covered is different, although the sequence is similar.

Levels 7-9 audio tracks contain brainwave entrainment technology that will guide you through multiple dominant brainwave patterns. It results in your strengthened ability to access your internal resources that are associated with the following Dominant Brainwave Entrainment:

As you are being guided through the dominant brainwave patterns listed above, the Level 7-9 tracks are also stimulating Delta and Sub-Delta brainwave entrainment patterns. These tracks are also created for the purpose of teaching your brain how to produce Gamma and waking Delta—simultaneously. While all the brainwave entrainment patterns provide extensive benefits, the combination of Gamma and Delta (Sub-Delta as well) have been shown to produce extra-ordinary benefits for those who can access both levels at the same time. People who produce regular Gamma and waking Delta brainwave patterns often report increased: emotional control, empathy and good will towards others, mental clarity with left brain and right brain coherence as well as ability to focus and concentrate and ability to finish what they start. They have a heightened or higher IQ in addition to enhanced or improved intuition, healing and resistance to disease, and overall sense of well-being.

It has often been suggested that people who produce more Gamma and waking Delta are able to manifest their goals with greater ease than those who do not.

The Level 7-9 tracks contain extensive use of left and right individualized brainwave entrainment as a means to:

Improve cerebral hemispheric synchronization for higher and lower brainwave patterns that are typically harder to induce a frequency following response.

Induce trance and loosen the conscious filters that resist new positive programming.

Improve the acceptance and integration of positive affirmations and therapeutic metaphors into the non-conscious mind.

These tracks also use the most advanced multi-layering of brainwave entrainment technology available anywhere using a proprietary blend of technologies developed. In addition to brainwave entrainment, we translated advanced psychological and self-improvement techniques into audio format; and have embedded them in these tracks to increase the overall effect of these audios. It is important to understand that these techniques are not always represented directly, but rather they have been interpreted as concepts that have then been applied to our audio technology. Some of these techniques include: Neuro-Linguistic Programming; Hypnosis; Eye Movement Desensitization Reprocessing; Emotional Freedom Technique; and Bilateral Sound.

PLEASE NOTE: Recommended use for Levels 7-9

This is a prescription strength program. Only use once per day for the first 30 days. Do not exceed one use per day. Some people become slightly agitated when exposed to regular Gamma Brainwave Frequencies. If you feel any unpleasantness from listening to any of the Level 7-9 tracks, reduce use to once every two to three days. However, continue your daily sessions with any one of the tracks from the Bonus sections.