Winning the Game of Money
Complete Success Coaching & Brain Retraining System

Quickstart Guide & Recommended Path
Please print & retain this document to track your progress as you work through the program.

My Login Details - [www.myneurogym.com/members](http://www.myneurogym.com/members)
Username: ___________________        Password: ______________

This is a self paced program.

We recommend that you listen to each Daily Audio for 7 consecutive days. If you miss a day or two, be sure to make it up before moving to the next level.

Use the training videos as outlined in the following pages to upgrade your knowledge and skills.

Below are the evidence based brain retraining methodologies we use in each level of the Daily Audios.
Quickstart Guide & Recommended Path

**Getting Started**

- Complete the Initial Assessment on Page 5 of this document.
- Listen to the **Introduction Audio** & the short video on the **Beliefs & Habits Generator**.
- Begin listening to the **Level 1 Audio** every day for 7 consecutive days. [Use headphones please!]

**Join our Facebook Community**

- Join our Facebook community at [www.facebook.com/groups/praxis.achievers](http://www.facebook.com/groups/praxis.achievers)
- Participate in the daily coaching posts with John Assaraf & Mark Waldman

**Video Training to Upgrade your Skills**

- Watch one or two training sessions from the **Training Videos** page per month, or as your schedule permits.
- The more you watch, the smarter you’ll become, and the more action you’ll take.

**Included Bonus Training Programs**

- The **Million Dollar Video Library** and other bonus material should be viewed and completed only when time permits.
- Complete the other aspects of the program first before moving on to the bonuses.

  - Doing less *to completion* is better than *doing more* halfway.
## Daily Audio Overview

<table>
<thead>
<tr>
<th>Level</th>
<th>Daily Audio - Listen to each level for 7 consecutive days.</th>
<th>Completed [ ✓ ]</th>
</tr>
</thead>
</table>
| Level 1 | 1. Introduction Audio (Listen once)  
          2. Universal Quantum Laboratory                                                          |                |
| Level 2 | Finding Financial Opportunity                                                                |                |
| Level 3 | Attracting Wealth                                                                             |                |
| Level 4 | Increasing Wealth Feelings                                                                   |                |
| Level 5 | Being Creative                                                                                |                |
| Level 6 | Tenacity & Resolve                                                                           |                |
| Level 7 | Advanced Wealth Reprogramming [1]                                                            |                |
| Level 8 | Advanced Wealth Reprogramming [2]                                                            |                |
| Level 9 | Advanced Wealth Reprogramming [3]                                                            |                |
| For 14-21 days | Your choice: choose your favorite audio tracks from previous levels.                       |                |

When finished, many people continue their training using our Business, Fear, or Procrastination programs. You are also welcome to repeat any or all of this program as often as you like.
## Training Video Overview - Upgrading your Knowledge and Skills

<table>
<thead>
<tr>
<th>Month</th>
<th>Video</th>
<th>Completed [✓]</th>
</tr>
</thead>
<tbody>
<tr>
<td>Month 1</td>
<td>1. <strong>WTGM - Program Training</strong> with John Assaraf - 2 hours</td>
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<tr>
<td></td>
<td>2. Personality Profile Assessment - Complete assessment &amp; watch the</td>
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<tr>
<td></td>
<td>included <strong>Training Video</strong> which explains the assessment and results.</td>
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<tr>
<td>Month 2</td>
<td>The 4 Pillars of Financial Success - 4 hours</td>
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<tr>
<td>Month 3</td>
<td>Priming Your Brain for Success - 90 min</td>
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<tr>
<td>Month 4</td>
<td>How to Get More Done in Less Time - 75 min</td>
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<tr>
<td>Month 5</td>
<td>Eliminate Your Debt - 75 min</td>
<td></td>
</tr>
<tr>
<td>Month 6</td>
<td>Begin watching Money² 2014 - The Art &amp; Science of Financial Success</td>
<td></td>
</tr>
<tr>
<td>Month 7</td>
<td>Continue watching Money² 2014 - The Art &amp; Science of Financial Success</td>
<td></td>
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<tr>
<td>Month 8</td>
<td>Values Based Living - 75 min</td>
<td></td>
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<tr>
<td>Month 9</td>
<td>Better Money Management Skills - 90 min</td>
<td></td>
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<tr>
<td>Month 10</td>
<td>Advanced Investment Thinking &amp; Strategies - 90 min</td>
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<tr>
<td>Month 11</td>
<td>Finding an Accountability Partner - 60 min</td>
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<tr>
<td>Month 12</td>
<td>Discover your True Meaning &amp; Life’s Purpose with Mark Waldman - 90</td>
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<tr>
<td></td>
<td>min</td>
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</tr>
</tbody>
</table>

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Initial Assessment

1. What is your current yearly income?

___________________________________________________________________________________________________

2. What would you like it to be?

___________________________________________________________________________________________________

3. What is the Gap between the two?
   Yearly Goal $_______________
   Current Income $ ___________
   GAP $____________________

4. What knowledge, skills and support do you need to bridge the Gap?  (If you are unsure, please ask for help in our Community)

___________________________________________________________________________________________________
___________________________________________________________________________________________________
___________________________________________________________________________________________________

5. What 1 habit must you stop now to help you make more money in the next 90 days?

___________________________________________________________________________________________________

___________________________________________________________________________________________________

___________________________________________________________________________________________________
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Initial Assessment

6. What 1 habit must you start to help you earn more income? (If you are unsure please ask in our Community)

___________________________________________________________________________________________________

___________________________________________________________________________________________________

7. What 3 beliefs must you now have in order to achieve your financial goals and dreams?

1. ____________________________________________________________________________________________

2. ____________________________________________________________________________________________

3. ____________________________________________________________________________________________

8. Are you ready to ask for and receive the help you need to REALLY do this right now?

YES  NO

9. Are you fully committed to starting & finishing the program, even when “your old brain” will want you to quit and keep you in your comfort zone?

YES  NO

Contact us for Support:

(858) 227-4971  info@praxisnow.com  facebook.com/groups/praxis.achievers
Bonus Training Material

The Million Dollar Success Library:
Learn from world leading experts on demand on various life, business & success topics. 75 + hours of content

The Success Manifestors Training Series:
Download these awesome audio interviews with John Assaraf and some of his personal advisors and mega successful friends.

Having It All - Achieving Your Life’s Goals and Dreams:
Based on Johns New York Times Best Selling Book and $3,000 per person live event, this program will have you setting goals and achieving them using universal laws & developing your strategies, tactics and timelines for success.

Personality Profile Assessment:
The Personality Profile Assessment will provide you a detailed profile about your personality and natural and adaptive characteristic traits. This survey has 3 sections that must be completed within one sitting and takes about 45 minutes to complete. After you finish the survey, your results will be emailed to you as a PDF.

*Remember, please follow the recommended path before consuming the enormous amount of information available to you.*